

COMIC MAGAZINE

**ROMCONCEPT LEARNING
SOLUTIONS**

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**FREE
COMIC**

B



BRAINY

MY ENGLISH HERO

**VOL
#3**

**SUPER
Hero!**



AGE 7-15

No.4/2025

**FREE
COMIC BOOK
INSIDE**

COMIC

BE SMART, BECOME BRAINY!

NEW STORIES EVERY EDITION!

BUCHAREST

A. Read the dialogue between Brainy and his friend and fill in the missing words.

PLEASE

AN

THANK YOU

HOW

FAVOURITE

FINE

TOMATO

ORANGE

GOT

DO

Brainy: Hello! 1) _____ are you?

Friend: I`m 2) _____, thanks!

Brainy: What`s your 3) _____ food?

Friend: I love fish and rice.

Brainy: 4) _____ you like vegetables?

Friend: Of course! My favourite is the 5) _____. It`s red and juicy.

I also like carrots. They are 6) _____ and crunchy.

Brainy: I`ve 7) _____ some fruit in my lunch box. Do you want some?

Friend: Yes, can I have 8) _____ apple, 9) _____?

Brainy: Sure. Here you are!

Friend: 10) _____! See you later, Brainy!





B. Children should spend a lot of time outside, in the sun. Brainy is going to the zoo with some friends today to enjoy the nice weather and the fresh air. What animals are they going to see? Read the clues and find out.

SNAKES	ANTS	PENGUINS	DOGS	SPIDERS
HORSES	KANGAROOS	GIRAFFES	LIONS	TURTLES

1. _____ are farm animals, and you can ride on their backs.
2. _____ haven't got any legs and they can be very dangerous.
3. _____ are birds, but they can't fly. They love snow and ice.
They eat fish.
4. _____ are very big cats and the kings of animals.
5. _____ are very popular pets. They are very good friends of children.
6. _____ can live more than 10 years. They are very slow animals.
7. _____ are very small animals, they have got 6 legs and they work all day long.
8. _____ have long legs and long necks. They eat leaves.
9. _____ live in Australia. They can jump.
10. _____ have got 8 legs. They eat other insects. They can be scary.

A. Brainy has got a new pet, a cute parrot. Here is Brainy's story about his new pet. Read it and fill in the missing words.

BLUE

SUNNY

CAN

FLY

ARE

EAT

IS

HAVE

WINGS

PETS

A parrot 1) _____ a very smart bird. Parrots 2) _____

got bright feathers and are often green, red or 3) _____.

They 4) _____ talk and they make funny voices and sounds.

They live in warm and 5) _____ places, like the rainforest.

Parrots love to 6) _____ fruits and seeds.

They can 7) _____ really well with their strong 8) _____.

Some people keep parrots as 9) _____ because they are cute,

friendly and love to play. Parrots 10) _____ beautiful fascinating

birds.



B. Brainy wants to find a penfriend. Help him find out more about the new friend. Read Brainy's questions and match them to the answers.

1. What's your name?

a. She is a doctor.

2. How old are you?

b. No, I haven't.

3. Are you from Canada?

c. Yes, a dog named Spot.

4. Is your dad a vet?

d. I love blue and green.

5. What is your mother's job?

e. I love oranges.

6. Have you got any brothers or sisters?

f. I am Sandra.

7. Have you got any pets?

g. I am almost 10.

8. Do you play any sport?

h. Yes, tennis and karate.

9. What is your favourite colour?

i. No, I'm not.

10. What is your favourite fruit?

j. Yes, he is.

1. __, 2. __, 3. __, 4. __, 5. __, 6. __, 7. __, 8. __, 9. __, 10. __.





A. Brainy loves spending time outside with his friends. Summer is the best time to enjoy a day out, in the sun. Read Brainy`s story about his favourite season and fill in the missing words.

HEALTHY	HOLIDAY	OF	WARM	EAT
OUR	SWIM	BUILD	WITHT	PICNIC

Summer is great! It is a special time 1) _____ the year when the weather is 2) _____ and the sun shines brightly in the sky all day long. In summer we can go to the seaside and 3) _____ sandcastles or 4) _____ in the clear blue sea. We can also have a 5) _____ on the beach and enjoy delicious food 6) _____ our friends or family. The days are longer, which means we have more time to play outside and ride 7) _____ bikes or fly colourful kites. I also love summer because we have a lot of delicious fresh fruit and vegetables to 8) _____. They are full of vitamins and make us strong and 9) _____. Because of the sun, the fresh air and the delicious fresh food we are also happier in the summer than in any other season. I just love summer and the summer 10) _____!!!!

B. Brainy and his friends are trying to decide what to do on Saturday. They want to find something fun to do in the open air, because the weather is warm and sunny. Fill in the missing words and find what their ideas are.

GO

PLAY

RIDE

HAVE

DRINK

1. I'd like to _____ a horse.
2. I'd like to _____ tennis.
3. I'd like to _____ a picnic.
4. I'd like to _____ to the amusement park and ride a roller-coaster.
5. I'd like to _____ some lemonade after we ride our bikes in the park.



C. Brainy is getting ready to tidy his room. Look at the picture, read the sentences and write TRUE or FALSE.

☐

1. The computer is on the desk.

☐

2. The ruler is in the schoolbag.

☐

3. The sock is on the bed.

☐

4. The clock is under the desk.

☐

5. The schoolbag is on the bed.



A. Brainy is working on his school project about healthy food. Read his project and fill in the missing words to help him finish it on time. Brainy's project is full of information for you, if you want to have a healthy lifestyle.

TALL

TASTY

HAVE

BREAD

CHEESE

EVERY

FOR

CHIPS

HAIR

TEETH

Healthy food is good 1) _____ you, especially if you want to
2) _____ strong bones, healthy skin and shiny 3) _____.

You need it to grow 4) _____ and to feel happy. But the best part
about healthy food is that it is also 5) _____.

What food should we eat to feel good? First of all, we should eat grains.

You can find grains in 6) _____, rice and breakfast cereal.

You must not forget about milk, 7) _____ and yoghurt. They will
give you strong bones.

Meat, beans, fish and nuts give your body iron and protein. Your body
needs them to build muscle.

Fruit and vegetables are super important, too. You should eat a great
variety of fresh fruit and vegetables 8) _____ week.

In the end, we should not forget that 9) _____ and cookies are
tasty, but they are not good for us and we should only eat a few at the
time. Some are very salty and can make you ill, others they are very sweet
and can damage your 10) _____.

Eat healthy food and
your body will thank
you!





B. Brainy didn't use all his ideas in the project because the project would be too big. So he wrote some of them below. Read the sentences and choose the correct option a, b or c.

1. _____ apples are crunchy and tasty. They are full of vitamins too.
a. That b. These c. This
2. In summer, we love eating _____ because they are sweet and juicy.
a. peachis b. peachs c. peaches
3. Can you give me _____ melon on the shelf over there?
a. that b. these c. those
4. Brainy always _____ some fruit in the schoolbag when he goes to school.
a. have got b. has got c. have gots
5. My friend _____ a lot of water on hot days.
a. drinking b. drink c. drinks
6. There are _____ oranges in the bowl, but there aren't _____ lemons.
a. some...some b. some...any c. any...some
7. Brainy often _____ fish and salad for dinner.
a. eating b. eats c. is eating
8. We eat _____ every spring because they are full of vitamins.
a. cherrys b. cherries c. cherries
9. Today, Brainy _____ yogurt and a banana for breakfast.
a. is eating b. eats c. are eating
10. We need _____ lemons and _____ honey to make lemonade.
a. some...any b. some...some c. any...some

A. Brainy got an email from his friend Marcus, who wants to become a doctor for children. In this email you can find out how you can be healthy. Read it and fill in the missing words.

STRONG	STUDYING	BEST	HUNGRY	THAN
STOMACH	FAT	MUST	COOL	COLOURS

From: Marcus

To: Brainy

Subject: Healthy food, happy life 🍌🍌

Hi, Brainy!

How are you?

I am 1)_____ for my next exam. I am learning a lot of useful things about the food we should eat and I want to tell you about it too.

Healthy foods are so important for our bodies to grow 2)_____ and tall. Fruits and vegetables are probably the 3)_____ foods we can eat, they come in so many different shapes, 4)_____ and flavours! Apples, carrots, melons, grapes and broccoli are just a few examples of these nutritious foods. They are full of vitamins and minerals which help us keep up our energy and make our immune system strong. So, next time you are 5)_____, eat a delicious fruit or vegetable! Water is very good for you, too. It helps you stay 6)_____ and feel good, even on hot days. Drinking water is better 7)_____ drinking soda.

You 8)_____ stay away from soda, fast food, chips and candy. Soda is a sweet drink with bubbles. It has a lot of sugar, so it is bad for your teeth and 9)_____. Chips are very salty and they can make you feel tired and thirsty.

Eating fast food can make you very 10)_____ and you may even feel sick. So stay away from all these.

I hope my email is useful. Stay healthy!

See you!

Marcus



B. Brainy's friend also sent him some text messages about a healthy lifestyle. Read and choose a, b or c.

1. I always drink milk _____ the morning.
a. in b. on c. at
2. We must not watch TV late _____ night because it can disturb our sleep.
a. in b. on c. at
3. You must drink a lot of water _____ hot days.
a. in b. on c. at
4. Children have to play outside _____ day.
a. in b. every c. usual
5. _____ do you eat cheese and yoghurt? Because I want to have strong bones.
a. Why b. What c. How
6. Eating a carrot is _____ for you than eating a hot dog.
a. good b. better c. best
7. I always go to school _____ bike or _____ foot.
a. by...on b. on...by c. on....on
8. You _____ eat fish every week, it is a great source of minerals.
a. have got b. have c. have to
9. Fast food is the _____ food for your body. You mustn't eat it very often.
a. bad b. worse c. worst
10. We usually _____ fish and rice on Saturdays, but today we _____ chicken and salad.
a. eats.....are eating b. eat....are eating c. eat...eats



A. Brainy got an email from his friend Sam. Read it, fill in the missing words and find out what happened to Brainy's friend and what he learnt from it.

WAS	COULD	HAD	SAW	VISITED
YESTERDAY	WENT	BETTER	DRANK	BEST

From: Sam

To: Brainy

Subject: Sad news 🙄



Hi Brainy!

How are you?

I'm feeling a little unhappy at the moment. All my friends did exciting things 1) _____, but I spent all day in bed. I 2) _____

ill because I ate a lot of chips, cakes and sweets on my friend's birthday two days ago and after that I 3) _____ terrible stomach-ache.

My mother said that I 4) _____ not go to school, so I stayed in bed and 5) _____ some herbal tea.

My friends 6) _____ on a day school trip to the Science Museum and 7) _____ a lot of dinosaur skeletons and fossils....

you know how much I love dinosaurs. They also 8) _____ the zoo and had a lot of fun.

Don't worry, I am much 9) _____ now and I can say I learnt my lesson: no cake and junk food for me! Fruits and vegetables are the 10) _____!

I thought maybe we could go to the Science Museum together next week, if you want.

Text me and let me know.

Sam

B. Read the sentences and chose the correct words to fill in the gaps (a, b or c).

1. Do you like _____ pineapple?
a. these b. those c. that
2. _____ peaches look tasty.
a. These b. That c. This
3. Let`s go to the park _____ Sunday!
a. in b. on c. at
4. Kevin has a healthy breakfast _____ morning.
a. in b. at c. every
5. She often goes to the beach _____ sunny days.
a. in b. on c. at
6. Did you buy any yoghurt? Yes, but not _____.
a. some b. much c. many
7. How _____ lemons do you need for the lemonade?
a. many b. much c. any
8. There aren`t _____ tomatoes in the fridge, we should buy _____.
a. some...any b. some...no c. any...some
9. I _____ sweets after dinner, but tonight is my birthday and we _____ chocolate cake.
a. don`t eat...is eating    b. don`t eats...are eating c. don`t eat...are eating
10. She _____ tired, so she decided to take a nap.
a. were b. was c. where



C. Match the two halves of the sentences and find out about Sara, Brainy's friend.

- | | |
|--|--|
| 1. She washed the vegetables very well | a) ... so she put on her coat and cap. |
| 2. It was cold outside | b) ... and then she went to bed. |
| 3. She was in the library | c) ... because she wanted to make a salad. |
| 4. She brushed her teeth | d) ... because a banana was a better choice for a snack. |
| 5. She didn't buy the bag of chips | e) ... when she found the book about healthy food. |

CLASA A VI-A



A. Read the email that Brainy got from his friend, Brian. Fill in the missing words and discover the lesson that Brainy's friend is teaching us.

LIVES

INSTEAD

BECAUSE

REGULAR

USUAL

HAVE

NEED

LIKE

LITTLE

MAIN

From: Brian

To: Brainy

Subject: Eating healthy...on the run

Hi, Brainy, how are you? I hope everything is ok, I am as busy as

1) _____, you know, school, homework, tests and exams... I sometimes feel 2) _____ I need a 48-hour day! :)

So I 3) _____ started learning about what we can do to stay healthy even when we have a lot to do in just one day and we can't eat at home.

In today's busy 4) _____ we often have 5) _____ time for healthy eating, so we do the easy thing and eat snacks like crisps, hot dogs, burgers or sweets 6) _____. However, it's possible to eat quickly and healthily. All you 7) _____ to do is to follow a few simple rules. First of all, when you choose a snack, read what it says on the packet before you buy it. This is important 8) _____ people often think that they're buying healthy snacks, but sugar may be the 9) _____ ingredient.

Try to look for healthier options – instead of eating ice cream, try frozen yoghurt, instead of soda, fizzy drinks or other sugary drink, have some water or lemonade, and, most importantly, eat at 10) _____ times of the day. Learn when your body needs food so that you don't suddenly feel the need to eat a lot of unhealthy food.

Hope you and your friends find my email useful.

See you soon!



Brian

B. Look at the sentences below and decide which one is correct – a or b. They also contain good advice from Brainy and his friend.

1	a. What do you eat now?
	b. What are you eating now?
2	a. Give that mango to he.
	b. Give that mango to him.
3	a. Most farmers work in the fields.
	b. Most farmers are working in the fields.
4	a. A nutritionist can tell you what to eat.
	b. A nutritionist can tells you what to eat.
5	a. Vegetables are more healthier than chips.
	b. Vegetables are much healthier than chips.
6	a. He always drinks a cup of milk in the morning. So do I.
	b. He always drinks a cup of milk in the morning. So am I.
7	a. It was a perfect day for a picnic on the beach.
	b. It was a perfectly day for a picnic on the beach.
8	a. Mary was washing the vegetables for the soup while she dropped a carrot.
	b. Mary was washing the vegetables for the soup when she dropped a carrot.
9	a. When I get home tonight, I'll have mushrooms and rice for dinner.
	b. When I'll get home tonight, I'll have mushrooms and rice for dinner.
10	a. I often eat a banana at school. Nor do I.
	b. I often eat a banana at school. So do I.

C. Brainy wants to warn you about a few things. If your diet is bad, if you don't exercise enough and if you do not take care of your body and mind, you can experience health problems. Read the sentences, fill in the words on the right and find out how you can avoid them.

- If you eat a lot of ice cream, you can have a _____.
- "I've got a terrible _____ ache!"
"Well, next time you shouldn't eat so much chocolate."
- That careless boy fell off his bike and now he is in hospital with a _____ bone.
- Don't play with matches, you could _____ yourself or even set things on fire!
- Always wear a _____ when you ride your bike.
If you fall, it will protect your head.



HELMET
SORE THROAT
BROKEN
BURN
STOMACH

A. Brainy got an email from his friend, who is passionate about sports and exercising. Read it, fill in the missing words and learn how an active lifestyle can make us healthier and happier.

ENOUGH	WORRIES	LUNGS	GROWTH	BONES
DAILY	KEEN	CHORE	DID	HAVE

From: James
To: Briany
Subject: Keep up the pace!

Hi, Briany! How are you? 1) _____ your team win the football match last Saturday? I know you love sports as much as I do, so here is what I 2) _____ written so far in my science project.

Exercise is very important for teenagers because it helps keep the body healthy and strong. Teenagers are growing, and exercise helps with this 3) _____. It also gives us more energy and helps us to feel better.

When teenagers exercise, their muscles and 4) _____ become stronger. This helps them stay healthy now and in the future. Exercise also helps the heart and 5) _____ work better, which makes it easier to do 6) _____ activities.

Exercise can also help teenagers feel happy. When we exercise, our brain releases chemicals that make us feel good. This can help reduce stress and and helps us cope with 7) _____ or feelings like sadness, anxiety and even depression.

It is also a good way to make new friends and enjoy time together, especially if you are 8) _____ on team sports.

Teenagers do not need to do hard exercise every day. Simple activities like walking, running, swimming, or playing sports are 9) _____. It is important to find something fun, so exercise does not feel like a 10) _____.

In conclusion, exercise is an essential part of our lives, so even when you are busy with exams, tests and schoolwork, you should always find time for some physical activity.

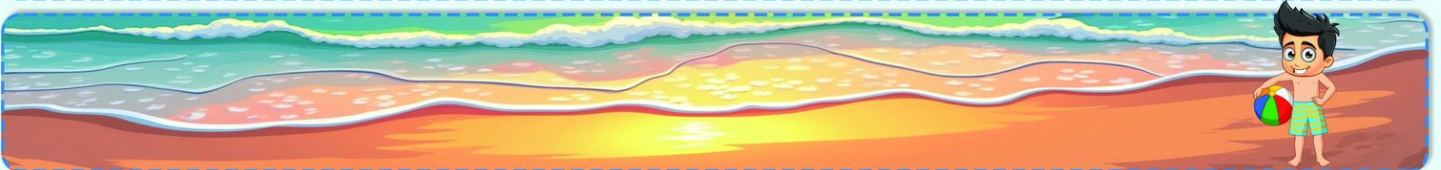
Hope my advice is useful. See you at your next football match, I'll be cheering for your team.



James

B. Read the sentences below and fill in the correct words derived from the words in capital letters at the end of each line. You can find out interesting ideas about a healthy lifestyle.

- | | |
|--|-----------------|
| 1. You can get _____ advice from the coach about the proper exercises for your back. | HELP |
| 2. A _____ idea for breakfast is avocado and eggs on toast. | WONDER |
| 3. This book contains _____ facts about the benefits of outdoor sports. | INTEREST |
| 4. The children in the basketball team had a _____ time at the beach after the championship. | MARVEL |
| 5. If you want to lose weight and be fit, you should be more _____. | ACT |
| 6. When you go hiking, always wear _____ boots. | COMFORT |
| 7. The children had an _____ day camping in the woods and cooking on an open fire, then spending the night under the stars. | ENJOY |
| 8. Mediterranean food is not only _____, but also full of healthy ingredients like olive oil, seafood and fish, lemon juice, herbs and fresh vegetables. | TASTE |
| 9. Walking barefoot on a _____ beach can help reduce stress. | SAND |
| 10. A _____ option for lunch is grilled chicken and quinoa salad. | HEALTH |



C. Each sentence below contains a word that should not be there. Find it and cross it out.

1. Alison is often runs in the park on Sunday mornings.
2. I like broccoli, but I don't like lettuce, too.
3. It's a good idea for to eat a variety of fruit and vegetables every day.
4. Do you like tomato soup? Yes, I do like.
5. Eddy has been a vegetarian for since 2024.
6. If you will eat less sugar, you'll feel much better.
7. Because he drinks so much cola, he hasn't slept properly so for a week.
8. Thomas has just returned from tennis practice yet.
9. This is my friend Diana, who she has taken up gymnastics to keep fit.
10. I haven't eaten any junk food since I have started secondary school two years ago.

A. Brainy wants to take up a new hobby – walking. This is the email he got from a friend he wants to go walking and jogging with. Read, fill in the missing words and maybe you can follow Brainy`s example.

crowded	better	fragile	lower	well-being
strengthens	such	mood	regardless	whether

From: Hannah
To: Brainy
Subject: Let`s go running!
Hi, Brainy! How are you? I`m so happy you have decided to come running with me. I walk – and sometimes jog – three days a week, Friday to Sunday, in the park near our houses. It`s peaceful and not 1) _____ at all. Let me tell you how walking changed my life for the 2) _____.

Walking is 3) _____ a simple and easy form of exercise that anyone can do it, 4) _____ of age or fitness level.
First of all, walking improves your heart health. When you walk, your heart works harder, which can 5) _____ the risk of heart disease. It can also reduce high blood pressure and improve blood circulation.

Walking is also good for your bones and muscles. It 6) _____ the muscles in your legs, making them stronger and more flexible. It can also prevent osteoporosis, a condition where the bones become weak and 7) _____.

Another benefit of walking is that it helps you manage your weight. When you walk, you burn calories and lose weight, especially if combined with a healthy diet.

Walking is great for mental health as well. It reduces stress and anxiety, making you feel relaxed and happy. Spending time outside and getting fresh air can improve your 8) _____ and boost your overall sense of 9) _____.
Walking can also help you sleep better at night.

Finally, walking is a social activity. You can walk with friends or family, which makes it more enjoyable. It is also an opportunity to explore new places, 10) _____ it's a park, a public garden or a nature trail.

So, let`s take a walk today and start enjoying these benefits!
See you on Friday outside the park! Wear comfortable trainers and don`t forget your water bottle. 😊
Hanna



B. Each sentence contains a word that should not be there. Find it and take it out.

1. While Melanie was cutting the vegetables in the kitchen and she heard the doorbell ring.
2. We cooked chicken and rice for two days ago.
3. The June is my favourite month of the year because I love cherries and strawberries.
4. This book contained such a useful information about the benefits of team sports that she couldn't stop reading.
5. If you were ate all that cheesecake, you could get stomach ache.
6. He won't lose any weight unless he not stops eating so much bread.
7. The doctor warned at me not to eat so much red meat.
8. Mother told us do not to go to school without eating our breakfast.
9. By the time they will return from school, I'll be ready with the lunch.
10. I prefer eating fresh vegetables rather to cooking them.

**C. Read the sentences below and fill in the correct words derived from the words in capital letters at the end of each line. You can find out interesting ideas about a healthy lifestyle.**

- | | |
|--|------------------|
| 1. It is _____ known that smoking can cause cancer. | WIDE |
| 2. You should _____ change your eating habits if you want to lose weight. | IMMEDIATE |
| 3. He was _____ sorry after eating the whole bar of chocolate. | TRUE |
| 4. The children were _____ in what the doctor was telling them about germs. | INTEREST |
| 5. You should have a daily routine, because eating at _____ hours can make you eat too much. | REGULAR |
| 6. The fitness instructor gave us _____ information about proper training. | VALUE |
| 7. If you want to reduce your stress level before an exam, you should go for a walk through that _____ garden. | PEACE |
| 8. Fruit salad is the most _____ choice for a healthy snack. | SENSE |
| 9. Great _____ should be placed on a balanced diet in every school. | IMPORTANT |
| 10. Sugar and white bread are _____ food choices. | DANGER |